

Today's Presenters



Marcella Bianco

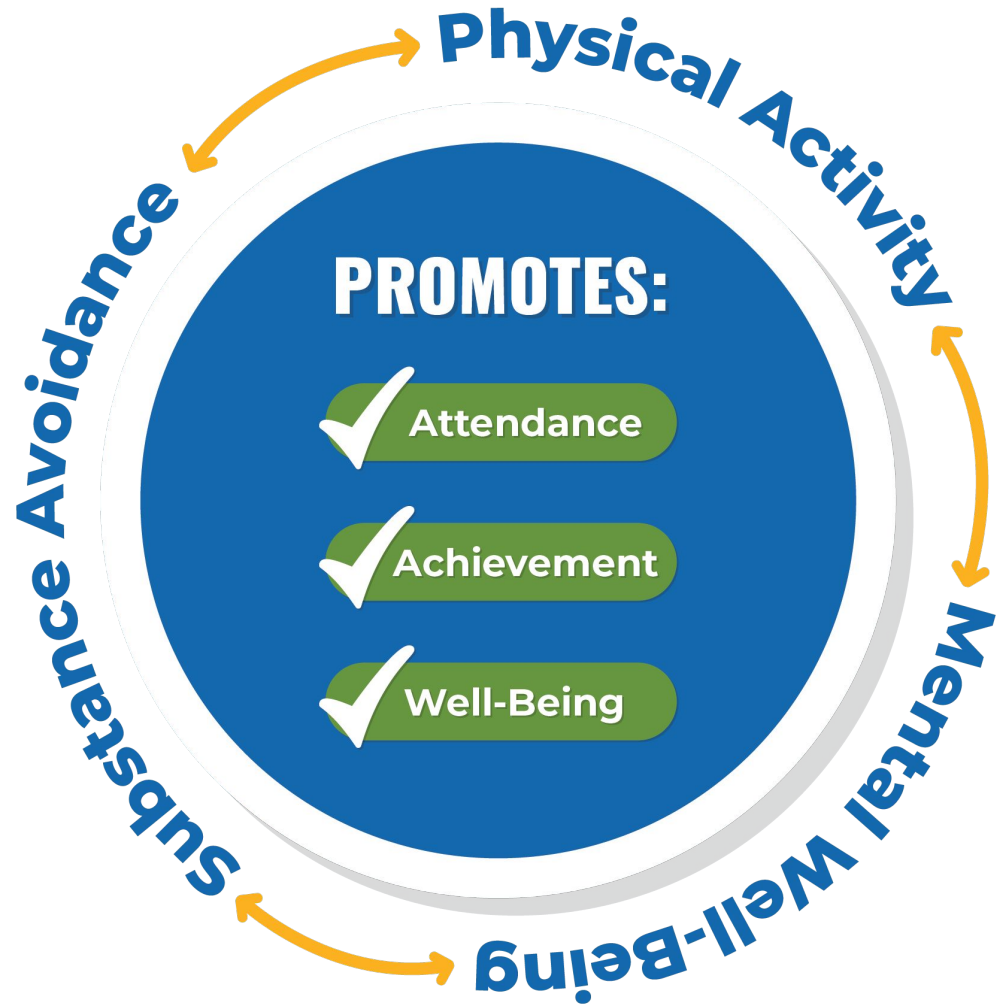
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LEADING EXPERT IN
Whole Child Wellness



CATCH Substance Misuse Resources

Tucker's Law

- Suicide Prevention
- Prevention of the abuse of and addiction to fentanyl
- Awareness of local school and community resources and any processes involved in accessing those resources
- Health education that includes information about substance use and abuse, including youth substance use and abuse

CATCH

- Vaping prevention (nicotine & cannabis)
- Alcohol
- Prescription
- Over the Counter
- Fentanyl
- Suicide Prevention
 - Definition of substance misuse
 - Avoid/Refuse/Exit Strategies
 - Poisoning and Overdose
 - signs and when to call for help
 - Addiction signs and resources

Summary of Requirements

Tucker's Law Guidance	Health Ed Journeys Unit & Lesson	Content Addressing Components of HB 3908
Suicide Prevention	Unit 4 - Fentanyl Facts	<p>Slides 8 & 9: Suicide warning signs and what to do for self and others if signs are present including information about the national suicide prevention hotline.</p> <ul style="list-style-type: none"> • Links to https://sourcesofstrength.org/campaigns-resources/ in teacher's notes and teacher's guide so teachers can access CDC recommended Suicide Prevention resources.
Prevention of the abuse of and addiction to fentanyl	Unit 4 - Fentanyl Facts	<p>Key Learning Objectives:</p> <ul style="list-style-type: none"> • Explain that illicit drug use is not the norm for students their age. • Describe the danger of using fentanyl. • Identify the substances that fentanyl can be found in. • Describe the signs of overdose and how to respond if someone is overdosing. • Explain how to get help for addiction. • Describe the top three facts students need to know about fentanyl. • Demonstrate refusal skills and other strategies for avoiding fentanyl use.

Summary of Requirements

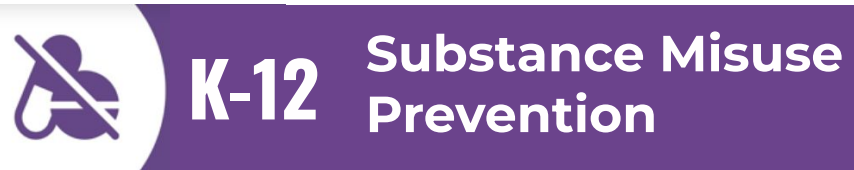
<p>Awareness of local school and community resources and any process involved in accessing those resources</p>	<p>Unit 4 - Fentanyl Facts</p>	<p>Slide 7: "If you or someone you know is struggling with addiction, you can reach out to a school nurse, your doctor or the counselor for help. You can also put your zip code into findtreatment.gov to find local treatment."</p>
<p>Health education that includes information about substance use and abuse, including youth substance use and abuse</p>	<p>Unit 4 - Substance Misuse Prevention</p>	<p>9 lessons covering youth substance misuse and abuse with a focus on vaping prevention</p> <ul style="list-style-type: none"> • Lessons 1-4: Make up the essential evidence-based core curriculum for the CATCH My Breath youth vaping prevention program designed to be taught in its entirety without deviations or modifications. • Lessons 5 & 6: Expand beyond the lens of the youth vaping epidemic to provide a foundational understanding of all kinds of substance misuse. • Lessons 7 & 8: Revisit the timely topic of vaping with two supplemental lessons designed to reinforce key ideas through additional learning modalities. • The Fentanyl Facts lesson (supplement for grades 6-12): Allows students to investigate the dangers of fentanyl and gain crucial skills to identify fentanyl, avoid fentanyl and respond to a fentanyl overdose.

CATCH Substance Misuse Resources

CATCH[®] MY BREATH

No cost

- Vaping prevention
- Substance avoidance fundamentals
- Live virtual training available for purchase



\$99/campus (annual)

- Tucker's Law compliance
- TEKS for substance misuse
 - Includes CATCH My Breath



\$349/campus (annual)

- Health Ed TEKS* & Tucker's Law compliance
 - Includes Substance Misuse & CATCH My Breath

*Health Ed Journeys does not address Reproductive Health

NEXT STEPS

Empower Your School & Students



CATCH Health Ed Journeys

- Speak with a Community Consultant
- Join queue for training before school year 2024 - 2025
- Receive a free report to see if any schools in your district are already using Health Ed Journeys